

STRATEGIES THAT CAN **MAKE HYBRID WORKFORCES MORE SUCCESSFUL**

The COVID-19 pandemic has changed the way that many businesses operate. Companies must re-evaluate their internal structure to support a hybrid workforce with many employees working remotely. Here are five strategies that can make hybrid workforces more successful.



Flexibility has become one of the most essential elements in the success of a hybrid workforce. Roughly 79% of people state that they want some level of flexibility regarding how and where they work and want a voice in how that flexibility is implemented.1



Prioritize Mental Health & Stress Reduction

On average, 54% of workers felt overworked, while another 39% felt "completely exhausted." This is why focusing on mental health and stress reduction is so significant. Companies have since stepped up to the plate, with roughly 40% of employers now working on expanding mental health benefits and services to their employees to ensure they have the support they need.2



Maintain Complete Transparency with Your Workers

Transparency in the workplace has always been a staple for many companies. However, it's becoming more critical now than in years past. One study showed that nearly 87% of workers "hoped" their next job would be more transparent than their current one. This indicates that workers are looking for more transparency in the workplace, and transparency is critical when building a hybrid workforce.³



Cut the Unnecessary Meetings & Check-ins

One study by psychologist Jeff Hancock of Stanford University showed that roughly 13.8% of women and 5.5% of men reported feeling "very" or extremely" fatigued after video conferencing. If your company is transitioning to a hybrid workforce, consider cutting the unnecessary meetings and check-ins. This will not only help your workers to be more productive, but it will also help to reduce their work-related stressors.4



Treat All Your Workers Equally

More than 4 out of 10 executives have admitted that they worry about proximity bias because of the stigma that those who choose to return to a traditional in-office position will see greater success than those who choose to remain in a hybrid role. If you're planning to implement a hybrid workforce, then it's crucial that you familiarize yourself with proximity bias and put measures in place to ensure that all your workers are treated equally.5



More Hybrid Workforce Tips & Tricks from the BBB®

If you're considering transferring to a more permanent hybrid workforce, you are in good company. Here at the BBB, we understand that this transition can be a bit of a challenge. That's why we've gone ahead and compiled a variety of resources for you and your team!

Visit BBB.org for more business tips.

- 1 https://www.inc.com/helen-kupp/brian-elliot-slack-management-hybrid-work.html
- 2 https://www.microsoft.com/en-us/worklab/work-trend-index/hybrid-work
- 3 https://slackhq.com/trust-tools-and-teamwork-what-workers-want
- 4 https://www.sciencealert.com/we-may-have-found-one-of-the-main-reasons-for-zoom-fatigue-and-it-s-affecting-women-more
- 5 https://www.bloomberg.com/news/articles/2022-01-25/bosses-admit-to-proximity-bias-but-want-workers-back-in-offices-anyway